

# Mosinee Community Education

– <del>J</del>anuary - May 2026 –

# **CLASS SCHEDULE**

# Community Education Offerings

Mosinee Community Education is interested in hearing from community residents about classes/activities they would like to see offered. If you have ideas about new programs or suggested changes to existing programs, please contact Community Education at 693-2550, Ext. 3696.

# Everyone Learns... Everyone Teaches

Consider teaching a Mosinee Community Education class. Everyone has a special skill or talent they can share with others. Teaching certification not required. Please call 693-2550, Ext. 3696.

# For More Information:

Michelle Pozorski, Mosinee Community Education

715-693-2550, Ext. 3696

mpozorski@mosineeschools.org

mosineeschools.org/community

| CLASS SCHEDULL  |   |
|---|---|
| – JANUARY –   |   |
| Monday, Jan. 5Light Yoga for Everyday Living                | 5:00pm - 6:00pm                         |
| Wednesday, Jan. 7 Light Yoga for Everyday Living            |   |
| Tuesday, Jan. 13 Strength Training for 50+                  |   |
| Thursday, Jan. 15 Strength Training for 50+                 |   |
| Monday, Jan. 19 Light Yoga for Everyday Living              |   |
| Tuesday, Jan. 20 Leather Earring Workshop                   |   |
| Thursday, Jan. 22 Light Yoga for Everyday Living            |   |
| Monday, Jan. 26 Light Yoga for Everyday Living              |   |
| Wednesday, Jan. 28Light Yoga for Everyday Living            |   |
| Thursday, Jan. 29 Power Flow Yoga                           |   |
| Saturday, Jan. 31 Line Dance Lesson                         |   |
| – FEBRUARY –  |   |
| Monday, Feb. 2Light Yoga for Everyday Living                | 5:00pm - 6:00pm                         |
| Monday, Feb. 2 Instant Piano for Hopelessly Busy People     |   |
| Tuesday, Feb. 3 Power Flow Yoga                             | 6:15am - 7:00am                         |
| Tuesday, Feb. 3Instant Guitar for Hopelessly Busy People .  | 6:30pm - 9:30pm                         |
| Wednesday, Feb. 4 Beginners Guitar - FREE Trial             | 3:30pm - 4:30pm                         |
| Wednesday, Feb. 4Light Yoga for Everyday Living             |   |
| Monday, Feb. 9 Light Yoga for Everyday Living               |   |
| Tuesday, Feb. 10 Acrylic Painting - Valentine's Day Theme   |   |
| Tuesday, Feb. 10Leather Earring Workshop                    |   |
| Tuesday, Feb. 10 Sourdough Bread Making                     |   |
| Wednesday, Feb. 11 Beginners Guitar                         | 3:30pm - 4:30pm                         |
| Wednesday, Feb. 11Light Yoga for Everyday Living            |   |
| Wednesday, Feb. 11 Putting Your Retirement Plan To Work     |   |
| Monday, Feb. 16Light Yoga for Everyday Living               |   |
| Wednesday, Feb. 18Light Yoga for Everyday Living            |   |
| Thursday, Feb. 19 Power Flow Yoga                           |   |
| Monday, Feb. 23Light Yoga for Everyday Living               |   |
| Tuesday, Feb. 24 Strength Training for 50+                  | 4:00pm - 5:00pm                         |
| Wednesday, Feb. 25 Light Yoga for Everyday Living           | 5:00pm - 6:00pm                         |
| Thursday, Feb. 26 Strength Training for 50+                 | . 4:00pm - 5:00pm                       |
| Saturday, Feb. 28 Line Dance Lesson                         | 1:00pm - 3:00pm                         |
| – MARCH –   |   |
| Monday, Mar. 2 Light Yoga for Everyday Living               | 5:00pm - 6:00pm                         |
| Wednesday, Mar. 4Light Yoga for Everyday Living             | 5:00pm - 6:00pm                         |
| Tuesday, Mar. 10Acrylic Painting - Spring Theme             | 5:00pm - 7:45pm                         |
| Thursday, Mar. 12 Leather Earring Workshop                  |   |
| Monday, Mar. 23Light Yoga for Everyday Living               |   |
| Wednesday, Mar. 25 Light Yoga for Everyday Living           | 5:00pm - 6:00pm                         |
| Wednesday, Mar. 25 Sightseeing/Hiking Utah's National Parks |   |
| Thursday, Mar. 26Power Flow Yoga                            | 6:15am - 7:00am                         |
| Saturday, Mar. 28 Line Dance Lesson                         |   |
| Monday, Mar. 30 Light Yoga for Everyday Living              | 5:00pm - 6:00pm                         |
| – APRIL –   |   |
| Tuesday, Apr. 7Adult Golf Lessons                           | 5:30 <sub>pm</sub> - 6:30 <sub>pm</sub> |
| Tuesday, Apr. 14 Strength Training for 50+                  |   |
| Tuesday, Apr. 14 Acrylic Painting - Floral Theme            |   |
| Thursday, Apr. 16Strength Training for 50+                  |   |
| Wednesday, Apr. 22 Leather Earring Workshop                 |   |
| – MAY –   |   |
|   | F-00 7-7F                               |
| Tuesday, May 12 Acrylic Painting - Summer Theme             |   |
| Monday, May 18Leather Earring Workshop                      | o.:UUpm - 8:UUpm                        |

# \*\*\* Complete class descriptions inside. \*\*\*

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, January 5

Time: 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, January 7

Time: 5:00pm - 6:00pm

Location: Yoga Room Fee: \$10

# Strength Training for 50+ - 6 Sessions

Learn how to use the fitness center equipment and develop a

routine for staying fit and active. **Start Date:** Tuesday, January 13 **Time:** 4:00pm - 5:00pm

**Location:** MSD Fitness Center **Fee:** Free

# Strength Training for 50+ - 6 Sessions

Learn how to use the fitness center equipment and develop a

routine for staying fit and active. **Start Date:** Thursday, January 15 **Time:** 4:00pm - 5:00pm

**Location:** MSD Fitness Center **Fee:** Free

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, January 19

Time: 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

# Leather Earring Workshop - 1 Session

Design and make three pairs of earrings.

All supplies provided.

\*Preregistration required at: www.wavesandwindmills.com

\*\*Minimum of 5 students, maximum of 20.

**Date:** Tuesday, January 20 **Time:** 6:00pm - 8:00pm

**Location:** Creske Library **Fee:** \$30

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class. Date: Thursday, January 22 Time: 5:00pm - 6:00pm

**Location**: Yoga Room Fee: \$10

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, January 26

Time: 5:00pm - 6:00pm

Location: Yoga Room Fee: \$10

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, January 28

Time: 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

### Power Flow Yoga - 1 Session

Experience how beneficial power yoga is for building strength  $% \left( \mathbf{r}\right) =\mathbf{r}^{\prime }$ 

and cardiovascular endurance. \*Payment collected at class.

**Date:** Thursday, January 29 **Time:** 6:15am - 7:00am

Location: Yoga Room Fee: \$10

#### Line Dance Lesson - 1 Session

Kick the winter blues and join us to learn line dancing! Bring comfv shoes and water.

\*Payment collected at class.

Date: Saturday, January 31

Time: 1:00pm - 3:00pm

**Location:** Creske Gym **Fee:** \$7

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, February 2

Time: 5:00pm - 6:00pm

**Location:** Yoga Room **Fee:** \$10

# Instant Piano for Hopelessly Busy People - 1 Session

Learn to play piano using chords – this method is a lot of fun and much easier to learn than reading notes. Fee includes the online book, online follow-up lessons, a recording of the class, and an optional question and answer session. Open to ages 13+.

\*\*Class is held online using Zoom, and is partly hands-on and partly lecture/demonstration.

**Date:** Monday, February 2 **Time:** 6:30pm - 9:30pm

**Location:** Online **Fee:** \$55

### Power Flow Yoga - 1 Session

Experience how beneficial power yoga is for building strength and cardiovascular endurance.

\*Payment collected at class.
Date: Tuesday, February 3
Time: 6:15am - 7:00am

**Location:** Yoga Room **Fee:** \$10

# Instant Guitar for Hopelessly Busy People - 1 Session

This crash course will teach a few basic chords and get you playing along with your favorite songs. Fee includes the online book, online follow-up lessons, a recording of the class, and an optional question and answer session. Open to ages 13+.

\*\*Class is held online using Zoom, and is partly hands-on and partly lecture/demonstration.

Date: Tuesday, February 3 Time: 6:30pm - 9:30pm

**Location:** Online Fee: \$55

# Beginners Guitar - FREE Trial

#### 1 Session

Take this free trial class to see if Beginners Guitar is right for you! The regular 4 week class begins Wednesday, February 11. No experience necessary.

No guitar? No problem – we can work with that! **Questions:** dakota@guitarlessonswausau.com

Date: Wednesday, February 4
Time: 3:30pm - 4:30pm

**Location:** Creske Library **Fee:** Free

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul. \*Payment collected at class.

**Date:** Wednesday, February 4 **Time:** 5:00pm - 6:00pm

Location: Yoga Room Fee: \$10

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, February 9

Time: 5:00pm - 6:00pm

**Location:** Yoga Room **Fee:** \$10

## Acrylic Painting - 1 Session

Bring a little extra love into your heart as you focus your paintbrush on creating a special Valentine's Day print. All

supplies provided. **Date:** Tuesday, February 10 **Time:** 5:00pm - 7:45pm

**Location:** MHS Cafeteria **Fee:** \$35

# Leather Earring Workshop - 1 Session

Design and make three pairs of earrings. All supplies provided.

\*Preregistration required at:

www.wavesandwindmills.com

\*\*Minimum of 5 students, maximum of 20.

Date: Tuesday, February 10 Time: 6:00pm - 8:00pm

**Location:** Creske Library **Fee:** \$30

# Sourdough Bread Making - 1 Session

Join Liz from Sweets & Sourdough to learn the basics of sourdough bread making. Each step will be demonstrated with some hands-on learning. Everyone will be provided a loaf of bread, an active starter, a guide on making sourdough and recines

\*Payment collected at class.

\*\*Preregistration required one week prior. Maximum of 14 students.

**Date:** Tuesday, February 10 **Time:** 6:00pm - 8:00pm

**Location**: MHS Room 404 Fee: \$40

# Beginners Guitar - 4 Sessions

This class will focus on basic guitar techniques, simple songs, and building confidence with the instrument. Receive personalized attention in small group sessions.

\*\*Guitar <u>not</u> required, and students will have the option to purchase one.

Questions: dakota@guitarlessonswausau.com

Start Date: Wednesday, February 11 Time: 3:30pm - 4:30pm

**Location:** Creske Library **Fee:** \$97

# Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, February 11

Time: 5:00pm - 6:00pm

**Location:** Yoga Room **Fee:** \$10

# Putting Your Retirement Plan To Work - 1 Session

Learn retirement planning strategies from an Edward Jones professional. Learn to budget after retirement,

along with how to navigate social security, insurance, Medicare and investments.

**Date:** Wednesday, February 11 **Time:** 6:00pm - 8:00pm

**Location:** Creske Auditorium **Fee:** Free

# Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul. \*Payment collected at class.

**Date:** Monday, February 16 **Time:** 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, February 18
Time: 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

# Power Flow Yoga - 1 Session

Experience how beneficial power yoga is for building strength and cardiovascular endurance.

\*Payment collected at class. **Date:** Thursday, February 19 **Time:** 6:15am - 7:00am

**Location:** Yoga Room Fee: \$10

# Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, February 23

Time: 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

### **Strength Training for 50+** - 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Tuesday, February 24 Time: 4:00pm - 5:00pm

**Location:** MSD Fitness Center **Fee:** Free

# Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, February 25

Time: 5:00pm - 6:00pm

**Location**: Yoga Room Fee: \$10

# **Strength Training for 50+** - 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, February 26 Time: 4:00pm - 5:00pm

**Location:** MSD Fitness Center **Fee:** Free

#### Line Dance Lesson - 1 Session

Kick the winter blues and join us to learn line dancing! Bring

comfy shoes and water.
\*Payment collected at class.
Date: Saturday, February 28
Time: 1:00pm - 3:00pm

**Location:** Creske Gym **Fee:** \$7

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, March 2

Time: 5:00pm - 6:00pm

**Location:** Yoga Room **Fee:** \$10

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, March 4

Time: 5:00pm - 6:00pm

**Location:** Yoga Room Fee: \$10

# Acrylic Painting - 1 Session

Create a spring-themed print. Artwork to be painted will be available for preview on Create A-Way's Facebook page one week prior to class. All supplies provided.

**Date:** Tuesday, March 10 **Time:** 5:00pm - 7:45pm

**Location:** MHS Cafeteria **Fee:** \$35

### Leather Earring Workshop - 1 Session

Design and make three pairs of earrings

All supplies provided.
\*Preregistration required at:
www.wavesandwindmills.com

\*\*Minimum of 5 students, maximum of 20.

**Date:** Thursday, March 12 **Time:** 6:00pm - 8:00pm

**Location:** Creske Library **Fee:** \$30

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, March 23

Time: 5:00pm - 6:00pm

**Location**: Yoga Room Fee: \$10

# Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Wednesday, March 25

Time: 5:00pm - 6:00pm

**Location**: Yoga Room Fee: \$10

### Sightseeing/Hiking in Utah's National Parks - 1 Session

Explore the opportunities for hiking and sightseeing in the

National Parks of Utah. **Date:** Wednesday, March 25 **Time:** 6:00pm - 8:00pm

**Location:** Creske Library **Fee:** \$5

# Power Flow Yoga - 1 Session

Experience how beneficial power yoga is for building strength and cardiovascular endurance.

\*Payment collected at class.

Date: Thursday, March 26

Time: 6:15am - 7:00am

**Location:** Yoga Room **Fee:** \$10

#### Line Dance Lesson - 1 Session

Kick the winter blues and join us to learn line dancing! Bring comfy shoes and water.

\*Payment collected at class.

Date: Saturday, March 28

Time: 1:00pm - 3:00pm

Location: Creske Gym Fee: \$7

### Light Yoga for Everyday Living - 1 Session

Experience how beneficial yoga is for your body, mind and soul.

\*Payment collected at class.

Date: Monday, March 30

Time: 5:00pm - 6:00pm

Location: Yoga Room Fee: \$10

#### Adult Golf Lessons - 5 Sessions

Personalized golf lessons from the staff at Indianhead Golf

Course. All levels welcome. \*Golf clubs required.
Start Date: Tuesday, April 7
Time: 5:30pm - 6:30pm

**Location:** Indianhead Golf Course **Fee:** \$50

### **Strength Training for 50+** - 6 Sessions

Learn how to use the fitness center equipment and develop a

routine for staying fit and active. **Start Date:** Tuesday, April 14 **Time:** 4:00pm - 5:00pm

**Location:** MSD Fitness Center **Fee:** Free

### Acrylic Painting - 1 Session

Create a floral-themed print. Artwork to be painted will be available for preview on Create A-Way's Facebook page one week prior to class. All supplies provided.

Date: Tuesday, April 14 Time: 5:00pm - 7:45pm

**Location:** MHS Cafeteria **Fee:** \$35

# **Strength Training for 50+** - 6 Sessions

Learn how to use the fitness center equipment and develop a routine for staying fit and active.

Start Date: Thursday, April 16 Time: 4:00pm - 5:00pm

**Location:** MSD Fitness Center **Fee:** Free

# Leather Earring Workshop - 1 Session

Design and make three pairs of earrings

All supplies provided.

\*Preregistration required at: www.wavesandwindmills.com

\*\*Minimum of 5 students, maximum of 20.

**Date:** Wednesday, April 22 **Time:** 6:00pm - 8:00pm

**Location:** Creske Library **Fee:** \$30

# Acrylic Painting - 1 Session

Create a summer-themed print. Artwork to be painted will be available for preview on Create A-Way's Facebook page one week prior to class. All supplies provided.

**Date:** Tuesday, May 12 **Time:** 5:00pm - 7:45pm

**Location:** MHS Cafeteria **Fee:** \$35

# Leather Earring Workshop - 1 Session

Design and make three pairs of earrings All supplies provided.

\*Preregistration required at: www.wavesandwindmills.com

\*\*Minimum of 5 students, maximum of 20.

**Date:** Monday, May 18 **Time:** 6:00pm - 8:00pm

**Location:** Creske Library **Fee:** \$30

Mosinee Community Education/Activities

School District of Mosinee 146001 State Highway 153 Mosinee, Wisconsin 54455 www.mosineeschools.org

Signature: \_

| Name:         |                      |      |            |          |     |
|---------------|----------------------|------|------------|----------|-----|
| Home Address: |                      |      |            |          |     |
| City:         |                      |      | State:     | Zip:     |     |
| Email:        | Phone: (Home) (Work) |      |            |          |     |
| Course Title  | Day                  | Time | Start Date | Location | Fee |
|               |                      |      |            |          |     |
|               |                      |      |            |          |     |
|               |                      |      |            |          |     |
|               |                      |      |            |          |     |
|               |                      |      |            |          |     |
|               |                      |      |            |          |     |
|               |                      |      |            | TOTAL:   |     |

Mail to: Mosinee Community Education • 1000 High Street • Mosinee, Wisconsin 54455 Questions or For More Information: mpozorski@mosineeschools.org

Date: \_

any personal injury including death, directly or indirectly arising from any activities which are undertaken from:

**Release and Consent:** Students taking Mosinee Community Education courses are required to sign this form releasing the Mosinee School District from liability for injury or loss. Each student is expected to procure their own personal insurance coverage or to otherwise be responsible for any injury or loss. The undersigned hereby agrees to release the Mosinee School District and all of its trustees, instructors, agents, contractors, and/or employees from any and all liability or claim for loss or damage including costs, expenses, and attorney fees arising from any actual or alleged property damage or loss or